



September/October 2018

EXINGTON COUNT

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South Caroline

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## **TOLL-FREETELEPHONE NUMBERS**

Lexington Main Office:	785-8400
From Batesburg/Leesville:	332-8400
From Chapin:	941-0231



For a list of events in Lexington County for September/October

Weekly on Tuesdays in September

Monday, September 3rd

Thursday, September 7th Saturday, September 8th

Sunday, September 9th Tuesday, September 11th

Friday, September 14th

#### Saturday, September 22nd

Tuesday, September 25th Weekly on Tuesdays in October

Monday, October 1st through Friday, October 5th

Monday, October 8th

Tuesday, October 9th

Wednesday, October 10th through Sunday, October 21st Friday, October 12th

Saturday, October 13th

Tuesday, October 23rd

Monday, October 29th through Tuesday, October 30th Wednesday, October 31st See page 16 Happenings Around Lexington County

Lexington County Veterans Group Meeting from 10am to 12 noon

Labor Day County Offices Closed

Gaston Outreach

Dang-it Doll Workshop For more information, see page 6

Grandparents Day

Patriot Day County Council Meeting

Batesburg/Leesville Outreach SC Tunnel to Towers Run/Walk For more information, see page 10

First Day of Fall

**County Council Meeting** 

Lexington County Veterans Group Meeting from 10am to 12 noon

Director out of office due to SCACVAO Fall Conference in Greenville

Columbus Day

**County Council Meeting** 

SC State Fair for more information, see page 12

Batesburg/Leesville Outreach

Dang-it Doll Workshop For more information, see page 6

**County Council Meeting** 

Director out of the office due to National Veterans Advocacy & Leadership Summit in Greenville

Halloween





A new school year is upon us and all the excitement that goes with that, as well as the diligent work of our educators. Please support our kids and teachers and let them know you appreciate them. In my family, there are many teachers and I deeply appreciate what they do every day.

Please drop in to see our new office and all of the room we have for the future. This is YOUR County VA office and we want you to be as proud of it as we are. We are located up front in the same building and now have our own public entrance. Please let us know what you think of these facilities that County leadership approved and supports. Please let County leadership know how you feel about the new VA office.

The VA has a new Secretary, Robert Wilkie and he is a Veteran. The new Undersecretary for the VA, Paul Lawrence, is also a Veteran and both of them are serious about changing the culture of the VA to user friendly and more customer oriented. They are diligently putting a talented team together to ensure the road ahead is one of listening to Veterans about their concerns and getting out to visit Veteran hospitals and clinics.

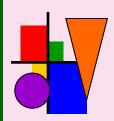
As we gear up for fall season and college football, regardless of who your team is, we can all cheer for the athletes who play their hearts out. We wish for success in their academic and athletic endeavors.



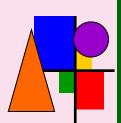
Enjoying the journey,

## **CALENDAR KEY**

Purple—Holidays/Special Days Blue—Outreach dates Red—County Offices Closed, and Special Notices Black—Director's appearances in the County Brown—County Council Meetings Pink—Special Events throughout the County Orange—Director Out of Office Green—Lexington County Veterans Group Meetings



# **Debt Management**



Veterans, members of the Armed Forces and family members who incur debts as a result of their participation in most VA compensation, pension and education programs, as well as home loans closed

before January 1, 1990, receive letters from the Debt Management Center notifying them of their rights as well as their obligation to reimburse the Department of Veterans Affairs. If you have a debt with the VA, you may have questions concerning payment plans, amounts offset from your benefit payments and what to do if payment of the debt would cause hardship.

## Have you received a collection letter from the Department of the Treasury giving you 10 days to make payment in order to avoid further collection action?

If Treasury has sent you this letter, sending a payment directly to the VA

will delay posting of the payment and will not stop Treasury from adding fees to the amount you owe. Questions regarding Treasury collection should be directed to the telephone number on the Treasury collection letter.

# Have you received a collection letter or phone call from a private collection agency or law firm regarding your VA debt?

This means the Department of the Treasury has referred your account for private collection. Sending payment directly to the VA will delay posting of those payments to your account and will not prevent fees from being charged by the collection agencies or law firms.

#### Do you have a question about a VA medical co-payment?



The Debt Management Center does not collect nor have information concerning medical billing statements. If you wish to make a VA medical co-payment go to https://www.pay.va.gov/. If you need help completing the co-payment form please call 1-866-400-1238.

# Do you have multiple Post 9/11 G.I. Bill education debts? If you do, please follow these simple instructions:

IF YOU ARE PAYING BY MAIL: If you want to send one check for multiple debts, please enclose the remittance stub for each debt. The deduction code tells the VA which debt you are paying (advance payment, housing allowance, tuition and

fees, etc.). If you do not have the collection letter, send a note listing the debts and the amount you want applied to each one.

IF YOU ARE PAYING BY PLASTIC CARD OR ACH DEBIT: Please pay each debt separately at the online payment site, <u>https://www.pay.va.gov/.</u> Anyone receiving monthly compensation, pension, or education benefits should call the Debt Management Center before making an online payment. This way you can be sure you are not overpaying your debt in the event they have offset your other benefits.

Normal business hours are Monday through Friday from 7:30 A.M. to 6:00 P.M., (Central Time).

Continued on page 4



#### **Debt Management continued from page 3**

DMC contact information is 1-800-827-0648 or International callers 1-612-713-6415.

*E-mail*: dmc.ops@va.gov

Write: U.S. Department of Veterans Affairs

Debt Management Center

P.O. Box 11930

St. Paul, MN 55111

Pay Online: https://www.pay.va.gov/ to pay the amount you owe using major credit cards, your debit card or ACH Debit from your bank account.

#### Submit A Request for Waiver of Debt

#### What is a waiver?

When you request a waiver, you are requesting that the VA terminate collection action on a debt. If a waiver is granted in full or part, you will not be required to pay the amount that was waived.

#### What are the eligibility requirements for a waiver of a debt?

To be eligible for waiver considerations, you must be a Veteran, a payee or beneficiary including a fiduciary, a representative acting on behalf of a debtor such as a parent, sibling, or a representative of an estate in the case of a deceased payee.

#### How do you apply for a waiver of debt?

To apply for a waiver, you must submit the following items:

• Written letter that explains why you are requesting a waiver. The letter should explain why you feel you should not be held responsible for payment of the debt or why collection of the debt would be unfair and create a financial hardship.

• Completed and signed Financial Status Report form

Mail your waiver and your completed and signed Financial Status Report form to: US Department of Veterans Affairs Debt Management Center P.O. Box 11930 St. Paul, MN 55111 **Can I request an oral hearing?** 

You have a right to request an oral hearing in conjunction with your waiver request. If you choose to have an oral hearing to present evidence before your request is considered, state so in your request for a waiver. If you request an oral hearing, you will be notified of the date, time, and location, prior to your waiver request being referred for consideration.

Are there time limitations associated with the waiver request?

• Education, Pension and Disability Waiver Request If you are requesting a waiver for an education, pension or disability compensation debt, you must submit your request within 180 days of the date you were originally notified of your debt.

Loan Guaranty Waiver Requests For loan guaranty program debts, you have one year from the date you sign the certified mail receipt for the original notification letter.

Note: If the VA receives your request for waiver within 30 days of the day of notification, they will suspend any offset action from your current benefits until a decision regarding your request for waiver is rendered. Continued on page 5







"Ask not what your country can do for you, ask what you can do for your country."

-John F. Kennedy



## 

## September is National Chicken Month!



## October is National Apple Month!





Thank you for serving!

## **Debt Management continued from page 4** What does it mean when your waiver is granted?

If a waiver is granted in full or part, you will not be required to pay the amount that was waived. A waiver cannot be granted if the VA determines there is:

- Fraud
- Misrepresentation
- Bad faith on your part that led to the creation of the debt

How are you notified of your waiver decision?

You will be notified in writing when a decision regarding your request for waiver is rendered.

• **Denied Waiver Request** If your request is denied, you will be notified in writing of your appeal rights.

• Full Waiver Granted If your request is granted in full, you will be notified in writing and no further collection action will be taken.

 Partial Waiver Granted If a partial waiver is granted, you will be notified in writing of the balance and you will be provided appeal rights.

Note: If a balance exists on your account after waiver action is completed, you will be asked to contact the VA and make arrangements to pay your debt. If you are drawing VA benefits, action will be taken to begin offsetting those benefits to recoup any balance that was not waived.



## exington County Veterans

All Honorably Discharged Lexington County Veterans are invited to attend the weekly meetings. The group meets weekly on Tuesdays from 10 am to 12 noon in the guditorium at 605 West Main Street in Lexington. The group meets for Health Issues and PTSD counseling with a licensed counselor.



On the second Tuesday of each month, they meet at a different local restaurant for food and fellowship. Check their website for the location.

The Veterans group also participates in various social activities such as group lunches, group dinners with wives/significant other, boat trips on Lake Murray, participation in the Lexington County Veterans parade and other general group tours.



Veteran Wives Support Group Meets 1st Friday of each month 2 to 4pm **Crossroads Counseling Center** 130A Whiteford Way Lexington, SC 29072

For further information, please visit their website at lex-coveteransgroup.com or contact our office at 803-785-8400.



## Dang-it Dolls Workshops

Saturday, September 8th and Saturday, October 13th from 10am to 2pm at the Cayce Masonic Lodge, 1701 12th Street, Cavce, SC.

There is something for everyone to do and this is the one place where THE MORE THE MERRIER really counts.



# September is World Alzheimer's Awareness Month! World Alzheimer's Month WrememberMe Www.worldalzmonth.org **National Breast Cancer**



# ON THIS DAY IN HISTORY

Did you know that the following events occurred during the months of September & October?





**September 2, 1789 -** The U.S. Treasury was established by Congress.

**September 5, 1997 -** Mother Teresa died in Calcutta at the age of 87.

**September 11, 2001 -** The worse terrorists attack in US history occurred as four large passenger jets were hijacked and then crashed; killing nearly 3,000 people.

September 15, 1916 - Tanks were first used in combat.















**September 16, 1908 –** General Motors was founded in Flint, Michigan.

September 18, 1947 - The US Air Force was established.

**September 23, 1991 -** Armenia declared its independence from the Soviet Union.

**September 26, 1774 -** American folk legend, Johnny Appleseed was born in Leominster, Massachusetts.

**September 30, 1955 -** Actor James Dean was killed in a car crash in California at the age of 24.

**October 2, 1968 -** California's Redwood National Park was established.

**October 8, 1871 –** The great fire in Chicago erupted.

**October 13, 1775 -** The United States Navy was born after the Second Continental Congress authorized the acquisition of a fleet of ships.

**October 16, 1701 -** Yale University was founded in Killingworth, Connecticut (as the Collegiate School of Connecticut).

**October 21, 1917 -** Jazz great Dizzy Gillespie was born in Cheraw, SC.

October 24, 1945 - The United Nations was founded.

**October 28, 1919 -** The Statue of Liberty was dedicated in New York harbor.

**October 30, 1938 -** The War of the Worlds radio broadcast panicked millions of Americans.

**October 31, 1941 -** Mt. Rushmore was completed after 14 years of work.



















## **Dental Benefits for Veterans**

Dental benefits are provided by the Department of Veterans Affairs (VA) according to law. In some instances, the VA is authorized to provide extensive dental care, while in other cases treatment may be limited. This Fact Sheet describes dental eligibility criteria and contains information to assist Veterans in understanding their eligibility for VA dental care.

#### **Outpatient Dental Program**

The eligibility for outpatient dental care is not the same as for most other VA medical benefits and is categorized into classes. If you are eligible for VA dental care under Class I, IIA, IIC, or IV you are eligible for any necessary dental care to maintain or restore oral health and masticatory function, including repeat care. Other classes have time and/or service limitations.

If you:	You are eligible for:	Through
Have a service-connected compensable dental disability or condition.	Any needed dental care	Class I
Are a former prisoner of war.	Any needed dental care.	Class IIC
Have service-connected disabilities rated 100% disabling, or are unemployable and paid at the 100% rate due to service-connected conditions.	Any needed dental care. [Please note: Veterans paid at the 100% rate based on a temporary rating, such as extended hospitalization for a service-connected disability, convalescence or pre-stabilization are not eligible for comprehensive outpatient dental services based on this temporary rating].	Class IV
Apply for dental care within 180 days of discharge or release (under conditions other than dishonorable) from a period of active duty of 90 days or more during the Persian Gulf War era.	One-time dental care if your DD214 certificate of discharge does not indicate that a complete dental examination and all appropriate dental treatment had been rendered prior to discharge.*	Class II
Have a service-connected non-compensable dental condition or disability resulting from combat wounds or service trauma.	Any dental care necessary to provide and maintain a functioning dentition. A Dental Trauma Rating (VA Form 10-564-D) or VA Regional Office Rating Decision letter (VA Form 10-7131) identifies the tooth/teeth/condition(s) that are trauma rated.	Class IIA
Have a dental condition clinically determined by VA to be associated with and aggravating a service-connected medical condition.	Dental care to treat the oral conditions that are determined by a VA dental professional to have a direct and material detrimental effect to your service connected medical condition.	Class III
Are actively engaged in a 38 USC Chapter 31 vocational rehabilitation program.	Dental care to the extent necessary as determined by a VA dental professional to: Make possible your entrance into a rehabilitation program Achieve the goals of your vocational rehabilitation program Prevent interruption of your rehabilitation program Hasten the return to a rehabilitation program if you are in interrupted or leave status Hasten the return to a rehabilitation program of a Veteran placed in discontinued status because of illness, injury or a dental condition, or Secure and adjust to employment during the period of employment assistance, or enable you to achieve maximum independence in daily living.	Class V
		Continued on page 9

Continued on page 9

#### Dental care continued from page 8

Are receiving VA care or are scheduled for inpatient care and require dental care for a condition complicating a medical condition currently under treatment.	Dental care to treat the oral conditions that are determined by a VA dental professional to complicate your medical condition currently under treatment.	Class VI
	A one-time course of dental care that is determined medically necessary to relieve pain, assist you to gain employment, or treat moderate, severe, or complicated and severe gingival and periodontal conditions.	Class IIB

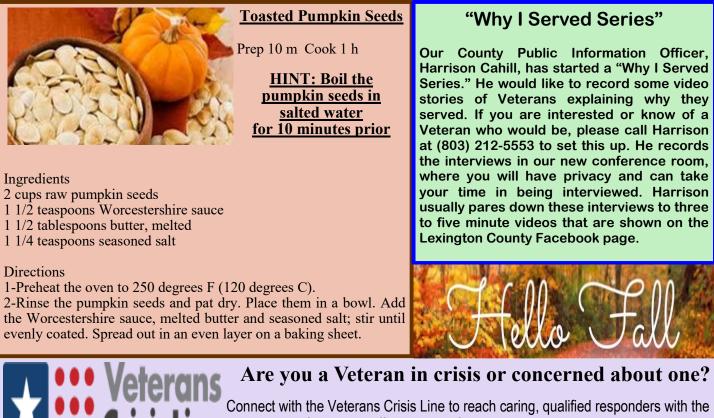
\* Note: Public Law 83 enacted June 16, 1955, amended Veterans' eligibility for outpatient dental services. As a result, any Veteran who received a dental award letter from VBA dated before 1955 in which VBA determined the dental conditions to be non-compensable are no longer eligible for Class II outpatient dental treatment.

#### **Inpatient Dental Program**

Veterans receiving hospital, nursing home, or domiciliary care will be provided dental services that are professionally determined by a VA dentist, in consultation with the referring physician, to be essential to the management of the patient's medical condition under active treatment.

#### **Additional Information**

For more information about eligibility for VA medical and dental benefits, contact VA at 1-877-222-VETS (8387) or http://www.va.gov/healthbenefits/.



Department of Veterans Affairs. Many of them are Veterans themselves.

#### Call 1-800-273-8255 and press 1 or text 838255.

The Veterans Crisis line is a free, anonymous, confidential resource that's available to anyone, even if you're not registered with the VA or enrolled in VA healthcare. The Veterans Crisis Line does not charge for texting to 838255, but message and data rates may apply.

# HUNUK Our Bravest



Tunnel Towers

**#T2TRUN** 

- 1315

FOLLOW THE FOOTSTEPS OF 9/11 HERO, FIREFIGHTER STEPHEN SILLER TO ENSURE THAT WE NEVER FORGET AND HONOR THE SACRIFICES OF OUR FIRST RESPONDERS AND MILITARY HEROES.

RM

# FRIDAY, SEPT. 14, 2018, 7:00 PM

COLUMBIA METROPOLITAN CONVENTION CENTER COLUMBIA, SC 29201

All proceeds will benefit the Stephen Siller Tunnel to Towers Foundation, including our Smart Home Program, which builds specially adapted, custom designed homes for our nation's most catastrophically injured service members.

# The VA Updates the Disability Rating Schedule Related to Skin Conditions

The U.S. Department of Veterans Affairs (VA) updated portions of the VA Schedule for Rating Disabilities (VASRD, or Rating Schedule) that evaluate conditions related to the skin. The VASRD is the collection of federal regulations used by Veterans Benefits Administration claims processors to evaluate the severity of disabilities and assign disability ratings. The VA is in the process of updating all 15 body systems of the VASRD to reflect modern medicine more accurately and provide clearer rating decisions. With modern medicine advancing at a rapid rate, it is important to ensure that the VA's disability rating schedule and rating decisions reflect these advancements.

No conditions were removed from the new skin-rating schedule. However, several diagnostic codes were restructured or revised. The complete list of updates to the rating schedule for skin conditions is now available online at benefits.va.gov/warms/book.asp. Claims pending prior to August 13, 2018, will be considered under both the old and new rating criteria, and whichever criteria is more favorable to the Veteran will be applied. Claims filed on or after August 13, 2018, will be rated under the new rating schedule.

By updating the rating schedule for skin conditions, the VA claims processors can make more consistent decisions with greater ease and ensure Veterans understand these decisions. The VA has issued several VASRD updates since September 2017, including updates for dental and oral conditions; conditions related to the endocrine system; gynecological conditions and disorders of the breast; and eye conditions.

## The VA & Walgreens collaborate to improve care coordination for Veterans

As part of the U.S. Department of Veterans Affairs' (VA) efforts to improve care coordination for Veterans, the VA is working with pharmacy services provider Walgreens to coordinate patient and pharmaceutical care for VA-enrolled patients.

With the click of a button, VA providers will be able to see the entire medication and immunization history of VA-enrolled patients who receive their prescription and immunization needs at Walgreens.

As it expands its community care program, the VA actively refines its ability to track medication prescribed by community providers. Prior to the arrangement, the VA providers would ask patients to inform them about medications filled at Walgreens. With the VA-Walgreens exchange, the VA providers can now easily view medications directly that are prescribed to VA-enrolled patients by community providers and filled at Walgreens pharmacies.

For the past five years, the VA and Walgreens have partnered to provide flu shots at no cost for enrolled Veterans, improving vaccination rates and access to immunizations. The VA exchanges standards-based medical information securely and electronically with participating community health care partners, such as Walgreens, to ensure the best possible care coordination and medication management.

Currently, the VA exchanges health information with over 170 community health care partners, representing 1,288 hospitals, 537 Federally Qualified Health Centers, 261 nursing homes, 8,649 pharmacies (including over 8,000 Walgreens pharmacies) and over 22,431 clinics.

## VA's Board of Veterans' Appeals Resolves Record Number of Claims

Underscoring the VA's pledge to reduce the wait time for those appealing disability benefits claims, the Board of Veterans' Appeals, as of May 27,2018, has signed more than 53,650 decisions to date in fiscal year (FY) 2018, which is approximately 86 percent more than the 28,839 decisions signed through the same period last year. The Board is currently on track to meet and exceed its FY 2018 total goal of reviewing a historic 81,000 appeals by September 30, 2018. This pace paves the way for implementation of the Appeals Modernization Act, which has a target implementation date of February 14, 2019, and will offer Veterans more choice and control over their claims and appeals process.

In FY 2017, Congress allocated the Board approximately \$42 million, which was used to hire additional staff, primarily more than 200 decision-writing attorneys and 24 Veterans law judges. The increase in staff, along with streamlining several processes, contributed to the result.

The VA's Board of Veterans' Appeals' mission is to conduct hearings and decide appeals in a timely manner. The VA's disability appeals process is a complex, multi-step adjudication process that uses "open records," which allows Veterans to submit medical and lay evidence at any point from the beginning to the end of the process, including while the claim is pending on appeal; this may, in turn, require the VA to develop further evidence on the Veteran's behalf.

## **County Council Needs You!**

Veterans are still needed to lead the Pledge of Allegiance at County Council meetings on the 2nd and 4th Tuesdays of the month. County Council meetings start at 4:30pm, so please be present around 4:15pm.



Contact the office at 803-785-8400, if you are interested.

The office would like to thank Ed Lundeen, David Griffith and George Plunkett. These individuals volunteered their time to say the Pledge of Allegiance during the months of July and August.





#### The State Fair opens on Wednesday, October 10th and runs through Sunday, October 21st.

For more information visit their website at scstatefair.org or call them at 803-779-3387.



## The History of the Great Chicago Fire of 1871

The fire started at about 9:00 p.m. on October 8, 1871, in or around a small barn belonging to the O'Leary family that bordered the alley behind 137 DeKoven Street. The shed next to the barn was the first building to be consumed by the fire, but city officials never determined the exact cause of the blaze. There has, however, been much speculation over the years. The most popular tale blames Mrs. O'Leary's cow, who allegedly knocked over a lantern; others state that a group of men were gambling inside the barn and knocked over a lantern. Still other speculation suggests that the blaze was related to other fires in the Midwest that day. The fire's spread was aided by the city's use of wood as the predominant building material in a style called balloon frame. More



than two thirds of the structures in Chicago at the time of the fire were made entirely of wood, with most of the houses and buildings being topped with highly flammable tar or shingle roofs. All of the city's sidewalks and many roads were also made of wood. Compounding this problem, Chicago received only 1 inch of rain from July 4 to October 9, causing severe drought conditions before the fire, while strong southwest winds helped to carry flying embers toward the heart of the city.

In 1871, the Chicago Fire Department had 185 firefighters with just 17 horse-drawn steam engines to protect the entire city. The initial response by the fire department was quick, but due to an error by the watchman, Matthias Schaffer, the firefighters were sent to the wrong place, allowing the fire to grow unchecked. An alarm sent from the area near the fire also failed to register at the courthouse where the fire watchmen were, while the firefighters were tired from having fought numerous small fires and one large fire in the week before. These factors combined to turn a small barn fire into a conflagration. When firefighters finally arrived at DeKoven Street, the fire had grown and spread to neighboring buildings and was progressing toward the central business district. Firefighters had hoped that the South Branch of the Chicago River and an area that had previously thoroughly burned would act as a natural firebreak. All along the river, however, were lumber yards, warehouses, and coal yards, and barges and numerous bridges across the river. As the fire grew, the southwest wind intensified and became superheated, causing structures to catch fire from the heat and from burning debris blown by the wind. Around 12:00 p.m., flaming debris blew across the river and landed on roofs and the South Side Gas Works.



With the fire across the river and moving rapidly toward the heart of the city, panic set in. About this time, Mayor Roswell B. Mason sent messages to nearby towns asking for help. As more buildings succumbed to the flames, a major contributing factor to the fire's spread was a meteorological phenomenon known as a fire whirl. These fire whirls are likely what drove flaming debris so high and so far. Such debris was blown across the main branch of the Chicago River to a railroad car carrying kerosene. The fire had jumped the river a second time and was now raging across the city's north side. Despite the fire spreading and growing rapidly, the city's firefighters

continued to battle the blaze. The fire burned unchecked from building to building, block to block.

Finally, late into the evening of the 9th, it started to rain, but the fire had already started to burn itself out. The fire had spread to the sparsely populated areas of the north side, having consumed the densely populated areas thoroughly. Once the fire had ended, the smoldering remains were still too hot for a survey of the damage to be completed for many days. Eventually, the city determined that the fire destroyed an area about 4 miles long and averaging <sup>3</sup>/<sub>4</sub> mile wide,

encompassing an area of more than 2,000 acres. Destroyed were more than 73 miles of roads, 120 miles of sidewalk, 2,000 lampposts, 17,500 buildings, and \$222 million in property—about a third of the city's valuation. Of the 300,000 inhabitants, 100,000 were left homeless. A total of 120 bodies were recovered, but the death toll may have been as high as 300. The county coroner speculated that an accurate count was impossible, as some victims may have drowned or had been incinerated, leaving no remains.



## VA SOCIAL WORKERS

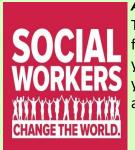
## How Do I Know I Need A Social Worker?

You will find social workers in all program areas in VA medical centers who are ready to help you with most any need. If you have questions or problems, the social worker will be able to help you or can refer you to the right person. Here are just some of the ways that VA social workers can help:

- Financial or housing assistance
- They can advise you on getting help from the VA or from community agencies, such as Meals on Wheels, so you can continue to live in your own home.
- Do you need help in applying for benefits from the VA, Social Security and other government and community programs? Ask your VA social worker.
- VA social workers develop and implement treatment approaches which address individual social problems and work with acute or chronic medical conditions, dying patients, and bereaved families.
- VA social workers...a voice for at-risk Veterans and their families.
- They can make sure your doctor and other VA staff on your treatment team know your decisions about end-of-life issues, generally called advance directives and living wills. This includes things like whether you want to be on life support equipment, whether you are an organ donor, and which family member or other person you have chosen to make decisions on your behalf when you are unable to make those decisions yourself.
- They can help you arrange for respite care for your caregiver so she or he can have a break or go on vacation without worrying about who will be caring for you.
- Marriage or family problems
- Help with moving to an assisted living facility, a board and care home or a nursing home.
- Someone close to you has passed away and you want to talk about it
- Problems with drinking or drug use
- You feel that someone is taking advantage of you or if you feel mistreated in a relationship
- A parent who feels overwhelmed with child care
- If your parent or spouse is in failing health
- Feeling stressed because of your health or because your medical condition interferes with your daily activities
- Feeling sad, depressed or anxious
- If you really aren't sure what you need, but things just don't feel right

There are many more ways VA social workers can help. If any of these situations apply to you or your family, ask to see the social worker at your VA Medical Center

## How can Social Workers help Veterans with Problems and Concerns?



Assessment

The first step is generally for the social worker to meet with you, and often with your family. The social worker will ask you questions about your health, your living situation, your family and other support systems, your military experience and the things you think you need help with. The social worker will then write an assessment that will help you and your VA health care team make treatment plans.



Continued on page 15

### VA Social Workers continued from page 14

#### Crisis intervention

In a crisis situation, social workers can provide counseling services to help you get through the crisis. The social worker will then help you with more long-term needs. The social worker can help you apply for services and programs in your community and through the VA to meet emergent needs.

#### High-risk screening

Social workers work particularly closely with those Veterans who are at high risk, such as those who are homeless, those who have been admitted to the hospital several times, and those who cannot care for themselves any longer.



#### Discharge planning

When you are admitted to a VA hospital, the social worker will help you make plans for your discharge back home or to the community. If you need services in your home or if you can no longer live at home by yourself, the social worker can help you make arrangements for the help you need.

VA social workers are responsible for ensuring continuity of care through the admission, evaluation, treatment, and follow-up processes. This includes coordinating discharge planning and providing case management services based on the patients clinical and community health and social services resources.

#### Case management

Social workers often provide long-term case management services to Veterans who are at high risk of being admitted to a hospital, those who have very complex medical problems, and those who need additional help and support. They are available when needed to provide and coordinate a variety of services you may need, including counseling or support services or just helping you figure out what you need and how to get it.

#### Advocacy

Sometimes it can be hard for a Veteran to speak up for himself or herself. And sometimes Veterans are confused by such a big, bureaucratic agency like the VA. Social workers can advocate for you and go to bat for you when you have a hard time doing it by yourself.

#### Education

Social workers can help educate you and your family about your health care condition, what services and programs are available to you, how you can live a more healthy life, how you can deal with stress and loss, and how you can find support groups and other self-help programs in your community. Social workers also educate other staff in the medical center and in the community about VA programs and services and about how problems Veterans may be having in their personal lives can impact their health.

#### **Psychotherapy**

Clinical social workers provide individual therapy, group therapy, and family therapy to address emotional, behavioral and mental. VA Social Workers can help you with all of these types of services, plus many, many more. If you have a problem or a question, you can ask a social worker. We're here to help you!

## ATTENTION ALL VETERANS

You can now call Dorn VAMC directly to schedule podiatry and eye exams. Eye Exams call 803-776-4000 ext. 5122. Podiatry Clinic call 803-776-4000 ext. 4407, 6505 or 7242.

## Happenings Around Lexington County

## During the Months of September & October

Saturday, September 1st through Monday, September 3rd

Starts on Friday, September 22nd

Friday, September 28th through Saturday, September 29th

Friday, October 5th through Saturday, October 6th

Saturday, October 6th through Sunday, October 7th

Starts on Friday, October 12th

Wednesday, October 10th through Sunday, October 21st

Friday, October 19th through Tuesday, October 30th 39th Chapin Labor Day Festival & Parade For more information visit their website at chapinsc.com/visitors/festivals&events.

Deceased Farms in Lexington (corn maze, etc.) 382 Olde Farm Road, Lexington Thursday through Sunday nights \*\*Open on Halloween Night\*\* For more information visit their website at deceasedfarm.com or call them @ 803-530-9434.

45th Irmo Okra Strut For more information visit their website at irmookrastrut.com or call them @ 803-781-7050.

36th Gaston Collard & BBQ Festival For more information visit their website at gastonsc.org or call them @ 803-796-7725.

Congaree Bluegrass Festival Historic Columbia Speedway, Cayce For more information visit their website at bluegrassfestivalguide.com/congaree.

Gilbert House of Terror 739 Harley Taylor Road Friday & Saturday nights with some other nights available. For more information visit their website at gilberthouseofterror@gmail.com or call them @ 803-892-5396.

SC State Fair For more information visit their website at scstatefair.org or call them @ 803-779-3387.

Boo-At-The-Zoo From 6 to 9 pm. For more information visit their website at riverbanks.org/events/boo-at-the-zoo.



















## **VA Dental Insurance Program (VADIP)**

The Department of Veterans Affairs provides comprehensive dental care to Veterans who meet eligibility standards; however, the benefit is not available to many Veterans. The VA would like all Veterans and beneficiaries to have access to good oral health. Good oral health is more than just a nice smile or ability to chew favorite foods – it impacts a person's overall health throughout his or her life.

The VA's Dental Insurance Program (VADIP) offers enrolled Veterans and beneficiaries of VA's Civilian Health and Medical Program (CHAMPVA) the opportunity to purchase dental insurance at a reduced cost.

VADIP was established as a pilot program by the Caregivers and Veterans Omnibus Health Services Act

of 2012. The pilot program, which began Jan. 1, 2014, and ended Jan. 31, 2017, assessed the feasibility and advisability of providing a premium-based dental insurance plan to eligible individuals. The VA Dental Insurance Reauthorization Act of 2016, signed into law July 29, 2016, allows the VA to continue VADIP until Dec. 31, 2021.

The VA has selected Delta Dental of California and MetLife to once again offer private insurance coverage for VADIP. Enrollment will begin Nov. 15, 2017, for coverage to start Dec. 1, 2017. For more information, visit www.va.gov/ healthbenefits/VADIP.



Pilot program contracts with dental insurance providers Delta Dental and MetLife expired Jan. 31, 2017. Individuals enrolled in VADIP when the pilot contracts expired automatically received continued coverage for up to 12 months, not to exceed Jan. 31, 2018, depending on the terms of their Delta Dental or MetLife plan.

For more information, those individuals should contact their insurance provider. The telephone number for Delta Dental is 1-855-370-3303; the telephone number for MetLife is 1-888-310-1681. Once enrollments begin, qualified individuals can enroll at any time - there is no specific enrollment period. **Eligibility for VADIP** 

Veterans enrolled in the VA health care program and CHAMPVA beneficiaries are eligible to participate in VADIP. Participation in VADIP does not affect Veterans' eligibility for VA dental services and treatment.

Dependents of Veterans, except those eligible under CHAMPVA, are not eligible for VADIP; however, the insurance carriers may offer dependents separate coverage options.



#### **Dental Plan Information**

Coverage will be provided throughout the United States and its territories.

Multiple plan options allow participants to select a plan that provides benefits and premiums that meet their dental needs and budget. Offered plans vary and may include diagnostic, preventative, surgical, emergency and endodontic/ restorative treatment. Each participant will pay a fixed monthly premium for

coverage, in addition to any copayments required by his or her plan. For more information on VADIP, visit www.va.gov/healthbenefits/VADIP.



Monday, October 8th is Columbus Day. This is a Federal holiday. The VA regional office as well as Dorn VAMC will be closed.

> Our office will be open, as we are County offices and do not follow the Federal holiday schedule.

# <u>Mission Cexington</u> 2018 Holiday Basket Wish List

Ham or Turkey (frozen or canned) Canned Sweet Potatoes Canned Collards Stuffing Mix Cranberry Sauce Cornbread Mix Green Beans Dessert Mix (Complete kit)



We will begin to give these to clients

Thanksgiving: Thursday, November 1 Christmas: Monday, December 3

Questions? Anna Smith anna@missionlexingtonsc.org 803-957-6656 x 228

You may pack a basket or box and bring it completed, or simply bring the items and we will prepare. Feel free to add a personal note or prayer for the family.

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and

sisters of mine, you did for me." - Matthew 25:40

216 HARMON STREET, LEXINGTON SC 29072 803 957 6656 | 803 957 3414 fax |<u>www.missionlexingtonsc.org</u>

When the trees their summer splendor Change to raiment red and gold, When the summer moon turns mellow, And the nights are getting cold; When the squirrels hide their acorns, And the woodchucks disappear; Then we know that it is autumn, Loveliest season of the year.

Charlotte L. Riser

\*\*\*\*\*\* \*\*\* 尜 尜 **OUTREACH DATES AND TIMES** 米 米 尜 米 Batesburg/Leesville Outreach is \* ∦ \* the 2nd Friday of the month at st米 \* \* the Batesburg/Leesville Library from 10 a.m. to 12 noon. \* \* 米 米 \*\*\*\*

**\* Chapin Outreach** is the 1st 尜 Friday of the month at the ※ Chapin Library from 10 a.m. to 米 <u>米</u> 12 noon.



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Gaston/Swansea Outreach is the 🔆 \* \* 1st Thursday of the month at the Gaston Library from 10 a.m. to 🔆 \* \* 12 noon.

Appointments are strongly encouraged. Call the office at 803-785-8400 to schedule a time.

\*\*\*\*\*\* There will be no outreach in **Gaston for October and in Chapin** for September and October. 米 尜

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## DID YOU KNOW ....

Copies of all of our newsletters can be found on the Lexington County website at lex-co.com/ departments/veteransaffairs/ newsletters.

The newsletters are listed on the site by year.



## **About Our Office**

On March 22, 1945 the SC General Assembly adopted a bill creating a VA office in each of the state's 46 counties. The Lexington

County VA Director is appointed by the Lexington County delegation. This office is employed by Lexington County; not the Federal VA. The Lexington County Veterans' Affairs Office is an advocate for Veterans and their surviving dependents. We provide the assistance needed in applying for benefits from the Department of Veterans Affairs and for VA medical care. The Lexington County VA Office assists former and present members of the US Armed Forces and their dependents in preparing claims. Types of benefits include but not limited to: service connected disabilities and non-service connected pension; death pension benefits; burial; medical care; educational including vocational rehabilitation; assistance, guaranteed home loans; government life insurance and other benefits. We are not trained in Social Security or Department of Defense Benefits but can assist with some of these forms. Our office also provides off-site appointments at three of the County libraries once a month and we can provide home visits on a case by case basis.

The VA has a website anyone can access for all VA questions, SEP user guides, regulations, policies, laws and any other VA resources. The website is: www.knowva.ebenefits.va.gov.





## WreathsAcrossAmerica.org

In 2007, the Worcester family, along with veterans, and others who had helped with their annual Christmas wreath ceremony in Arlington, formed Wreaths Across America™, to continue and expand this effort, and support other groups around the country who wanted to do the same. This nonprofit organization continues the Arlington tradition as part of its mission to Remember, Honor and teach.

In 2017, Wreaths Across America and our national network of volunteers laid over 1,400,000 memorial wreaths at nearly 1200 locations in the United States and beyond. We accomplished this with help from over 2800 fundraising groups, many corporate contributions, and donations of trucking, shipping, and thousands of helping hands. Our annual pilgrimage from Harrington, Maine to Arlington National Cemetery is known as the world's largest veteran's parade, stopping at schools, monuments, veteran's homes and communities all along the way to remind people how important it is to remember, honor and teach.

Proceeds place a wreath at one of the participating cemeteries; help support our fundraising partners, educational and veteran's services outreach. <u>Please note that all sponsorships are sent directly to the location and no wreaths</u> are sent to the individuals purchasing sponsorships.

We welcome all to join us at any Wreaths Across America ceremony. If you would like to participate or help bring sponsored wreaths to your local community, please contact us and we will help connect you with other groups already working in your area.

## Schedule of Events

#### Sunday, December 09, 2018

Start of World's Longest Veterans Parade from Maine to Arlington National Cemetery and participating locations

## Monday. December 10. 2018 12:00 Noon at the SC Veterans Memorial Located on the Assembly Street side of the Statehouse grounds

There will be State House wreath-laying ceremonies in all 50 States and Puerto Rico

#### Saturday December 15, 2018 12:00 Noon Fort Jackson National Cemetery 4107 Percival Rd, Columbia, SC 29229

Parking will be at the Blue Cross Blue Shield parking lot across from the cemetery. We will have shuttle buses to bring you to and from the cemetery starting at 10:30am the morning of the ceremony. There will be limited handicap parking in cemetery with proper identification.

For more information visit <u>www.WreathsAcrossAmerica.org</u>, or call Carol Davis (803) 467-4482 You can also email waaftjackson@gmail.com



### Wreath Sponsorship Form

\*Sponsored wreaths are placed on the grave markers at state, national veterans cemeteries as well as local cemeteries each December. FORT JACKSON NATIONAL CEMETERY 3 FOR 2 SPONSORSHIP FORM Wreaths may be purchased online at www.WreathsAcrossAmerica.org Please use Cemetery Code SCFJNC and Organization Code SC0015

Name:	
Address:	
City:	
State:	
Phone:	
Email:	

Please make checks payable to:			
Wreaths Across America TM			
PO Box 3356			
West Columbia, SC 29171			
Questions? Please call 803-467-4482			
Thank you for your Sponsorship and joining us in our mission to Remember, Honor and Teach!			

Do we have permission to publicize your name as a sponsor?

\_\_\_\_ Yes OR \_\_\_\_ No, I wish to remain Anonymous

Sponsorship	Price	Quantity	Total
Individual- 1 Wreath	\$15.00		
Mailed "In Honor" card- If you wish to send a mailed honor card telling someone of your sponsorship-see "In Honor" section below. "Card will not be mailed if the \$2 fee is not included.	\$2.00		
Family- 4 Wreaths	\$60.00		
Small Business= 10 Wreaths	\$150.00		
Corporate- 100 Wreaths	\$1,500.00		
		Grand Total	

\*\*SORRY- WE CAN NOT TAKE GRAVE SPECIFIC REQUESTS\*\*

In Honor of: Please provide email of "In Honor Of" recipient, or mailing address so a card can be sent notifying them of your sponsorship in their honor. (If you have a specific message please write it on the back of this sheet and we will include it.) Email:			In Memory of:	
		This name will be listed on our online memory wall, please provide name, rank, branch of service and state resided		
			Branch of Service:	
	Mailing:		State:	
		-		nt to the individuals purchasing sponsorships. SC0015
		FOR OFFICE	E USE ONLY:	
Cash \$:		Total\$:		Date:
Total # Checks:		Reconciled:		
MO \$:		GEN:		
Entered:				

# VA and U.S. Digital Service Launch New Web Tool to Help Veterans Track their Benefits Appeals

The U.S. Department of Veterans Affairs (VA) and the U.S Digital Service announced their launch of an improved Appeals Status tool to increase transparency and enable Veterans to track the progress of their benefits claims appeals.

The tool, which went live March 21 on VA's Vets.gov website, will allow Veterans to access detailed information about the status of their benefits appeals and will include alerts about needed actions, as well as estimates of how long each step of the process takes.

Some Veterans who have previewed the new tool said it had given them hope and helped them understand that the process might take longer than expected.

County Offices will be closed on the following dates: Monday, September 3rd Labor Day

CLOSED

## News Tidbits from the VA & Dorn VAMC

The Veterans Benefits Administration has over 380 thousand employees nationwide.

The William Jennings Bryan Dorn VAMC announced that its nursing home received 3-stars as part of its annual performance rating.

The VA has released a Spanish version of the application for health benefits, as part of the VA's effort to simplify and improve the health care



enrollment process for Veterans. The new language version implements the VA Advisory Committee on

Minority Veterans' recommendation to provide Spanish versions of the application and instructions. The form is available at VA medical facilities and online at va.gov/vaforms/medical/ pdf/10-EZ Spanish.pdf.

The VAMC Dorn has a new Women's Veterans Hotline. That number is



1-855-VAWOMEN (8296636). That number operates Monday - Friday 8am to 10pm and Saturday 8am to 6:30pm EST.

Nationally, there are over 9.1 million Veterans enrolled in VA healthcare. VA healthcare is the largest department within the Department of Veterans Affairs.



Sunday, September 9th

LEXINGTON COUNTY 16<sup>th</sup> Annual VETERAN'S PARADE

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Sunday, November 4, 2018 \*\*\*\*Rain date November 11, 2018\*\*\*\* Main Street and South Lake Drive Downtown Lexington

> PARADE BEGINS AT 3:00 P.M. (No entry fee)

## HONORING THE SOUTH CAROLINA NATIONAL GUARD

#### SPONSORED BY:

TOWN OF LEXINGTON AMERICAN LEGION POST 7 VFW POST 8738 KIRBY FLOATS THOMPSON RENTAL LEXINGTON COUNTY VETERANS AFFAIRS Thank you to all of these sponsors

> For More Information Contact: Sharon Willis 785-1454 Veterans Affairs office 785-8400 Kirby Floats 359-3134 Thompson Rental 957-9680

# **Featured Medal:** Afghanistan Campaign Medal

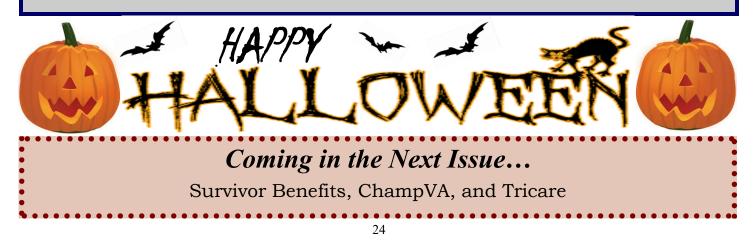
The Afghanistan Campaign Medal is a military award of the United States military, which was created by Executive Order 13363 of President George W. Bush on November 29, 2004. The Afghanistan Campaign Medal was designed by the U.S. Army Institute of Heraldry.

The Afghanistan Campaign Medal became available for general distribution in June 2005. It is awarded to any member of the U.S. military who has performed duty within the borders of Afghanistan (or its airspace) for a period of thirty consecutive days or sixty non-consecutive days. The medal is retroactive to October 24, 2001 and is active until a date to be determined. Personnel who have been engaged in combat with an enemy force, or personnel who have been wounded in combat within Afghanistan, may receive the Afghanistan Campaign Medal regardless of the number of days spent within the country. The medal is also awarded posthumously to any service member who dies in the line of duty within Afghanistan, including from non-combat injuries such as accidents and mishaps.

The Afghanistan Campaign Medal may be awarded with the Arrowhead device for qualified soldiers. The Afghanistan Campaign Medal may be awarded with the combat operation insignia for qualified sailors assigned to Marine Corps units. The following are the established combat campaigns authorized for service stars on the Afghanistan Campaign Medal.

- □ Liberation of Afghanistan September 11, 2001 to November 30, 2001
- □ Consolidation I December 1, 2001 to September 30, 2006
- □ Consolidation II October 1, 2006 to November 30, 2009
- □ Consolidation III December 1, 2009 to June 30, 2011
- □ Transition I July 1, 2011 to a date to be determined

The award replaces the Global War on Terrorism Expeditionary Medal (GWOTEM) for service in Afghanistan and personnel who previously received the GWOTEM for Afghanistan service may elect to exchange the medal for the new Afghanistan Campaign Medal. Both medals may not be received for the same period of service in Afghanistan and any current Afghanistan service will only be recognized with the Afghanistan Campaign Medal.





Picture of the Afghanistan Campaign Medal and Ribbon.